POPULATION MENTAL HEALTH WELLBEING (PMHW)

PMHW 6601 - Mental Health (3 Credits)

This course examines mental health and substance abuse recognizing that the promotion of well-being by preventing mental health disorders and substance addictions is as important as intervention and treatment. Etiology, prevalence, and impact of mental health and substance abuse disorders by culture, ethnicity and gender are discussed. Cross-listed with CBHS 6630

Grading Basis: Letter Grade Typically Offered: Spring.

PMHW 6620 - Mental Health Systems and Policy (3 Credits)
This course will examine existing policies related to behavioral health, compare structures of behavioral healthcare delivery, and explore innovations in the field of behavioral health and integrated care models.
Grading Basis: Letter Grade
Typically Offered: Fall.

PMHW 6621 - Mental Health and Wellbeing Promotion (3 Credits) Understanding the basis of the field of positive psychology and its role in public health, key dimensions of well-being and their implications to physical and mental health outcomes, mental health and well-being research and practice, strategies to enhance well-being and prevent and/or treat mental health and substance use disorders.

Grading Basis: Letter Grade Typically Offered: Spring.

PMHW 6622 - Opioid Use, Overdose and Public Health (1 Credit) This course will discuss the physiologic and behavioral effects of opioid use and opioid use disorder, factors contributing to the modern opioid epidemic in the U.S., and diverse public health interventions and policy approaches to preventing harm from opioid use.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only. Typically Offered: Fall.

PMHW 6625 - Substance Use: A Public Health Perspective (3 Credits) Introduces substance use epidemiology, policies, prevention interventions, treatment approaches and innovations in substance use research as well as examining factors influencing health disparities in substance use outcomes.

Grading Basis: Letter Grade Typically Offered: Fall.

PMHW 6627 - Mental Health and Technology (1 Credit)

This course will examine the use of technology and methods to evaluate applications of technology to mental health and substance use treatment and prevention, ethical issues associated with technological applications in mental health, methods for enhancing user engagement, technology options for application in this area of public health.

Grading Basis: Letter Grade Typically Offered: Summer.

PMHW 6670 - Special Topics: Population Mental Health Wellbeing (1-3 Credits)

Special interest areas of population mental health and wellbeing are analyzed in depth. The course format is lecture and discussion or seminar. Check the CSPH website for offerings and topics for this course each semester.

Grading Basis: Letter Grade Repeatable. Max Credits: 3.

Typically Offered: Fall, Spring, Summer.