# **COUNSELING, MA**

#### Introduction

The Master of Arts degree in Counseling program prepares professionals for community/mental health agencies, private practice, and public schools. Students accepted into the Counseling program follow one of two concentration areas. The clinical mental health counseling track follows state licensure requirements for Licensed Professional Counselor (LPC); the school counseling track follows the requirements for both the LPC and Colorado Department of Education licensure requirements Licensed School Counselor.

Both the clinical mental health and school counselor tracks consist of 63 semester hours. Core courses that are common to all licensure areas of study are followed by courses specific to concentration area. Both specializations require a practicum (150 clock hours) and an internship (600 clock hours). The master's degree is a three to three and a half-year program with course work for two to two and a half years followed by a 12-16 months of practicum and internship.

The clinical mental health and school counseling tracks are nationally accredited by CACREP, the Council for the Accreditation of Counseling and Related Educational Programs.

## **Program Requirements**

Students in the Counseling program are required to maintain at least a B (3.00) grade point average in all coursework attempted while enrolled. Courses in which grades below a B- (2.7) are received may only be counted toward the degree with faculty permission. Students receiving a C or below in any of the clinical skill building courses: COUN 5100 Techniques of Counseling, COUN 5110 Group Counseling, COUN 5160 Techniques in Family Counseling/Therapy, COUN 5910 Practicum and Individual Supervision, COUN 5930 Internship in Counseling, COUN 6140 Counseling/Therapy with Children, Adolescents, and their Parents, or COUN 7100 Advanced Theories and Techniques in Psychotherapy, will be required to repeat the course and follow any remediation plan that may be developed to meet the students' specific needs. Students must also take a national comprehensive examination, the Counselor Preparation Comprehensive Exam (CPCE), after completing all core courses. Students may choose to conduct research and submit a thesis (research conducted under faculty advisement) instead of taking a comprehensive examination.

Code	Title	Hours				
<b>Counseling Core</b>						
COUN 5010	Counseling Theories	3				
COUN 5100	Techniques of Counseling	3				
COUN 5110	Group Counseling	3				
COUN 5150	Family Counseling/Therapy	3				
COUN 5330	Counseling Issues and Ethics	3				
COUN 5400	Career Development	3				
COUN 5810	Multicultural Counseling Issues for Individuals an Families	nd 3				
LDFS 6200	Human Development Over the Life Span	3				
RSEM 5110	Introduction to Measurement	3				
RSEM 5120	Introduction to Research Methods	3				
Additional Requirements						
Select one of the following tracks:						

otal Hours		62
	School Counselor License (MA) (p. 1)	
	Clinical Mental Health Counseling (MA) (p. 1)	

CPCE Comprehensive Exam to be taken after all Counseling core classes are completed.

# **Additional Requirements**

#### **Clinical Mental Health Counseling (MA)**

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Code	Title	Hours
COUN 5160	Techniques in Family Counseling/Therapy	3
COUN 5280	Addictions Counseling	3
COUN 5820	Strategies of Agency Counseling	3
COUN 6250	Mental Health Diagnosis	3
COUN 7100	Advanced Theories and Techniques in Psychotherapy	3
COUN 5910	Practicum and Individual Supervision	3
COUN 5911	Practicum and Group Supervision	3
COUN 5930	Internship in Counseling	6
Electives 1		6
Total Hours		33

<sup>&</sup>lt;sup>1</sup> Two Additional Elective Classes (6 semester hours) are required.

### School Counselor License (MA)<sup>1</sup>

Code	Title	Hours
COUN 5280	Addictions Counseling	3
COUN 5425	Developing & Implementing a School Counseling Program: ASCA	j 3
COUN 5815	Introduction to School Counseling	3
COUN 5915	Practicum in School Counseling	3
COUN 6140	Counseling/Therapy with Children, Adolescents, and their Parents	3
COUN 6230	Developmental Counseling in Schools: Prevention	n 3
COUN 6250	Mental Health Diagnosis	3
COUN 5910	Practicum and Individual Supervision	3
COUN 5911	Practicum and Group Supervision	3
COUN 5930	Internship in Counseling	6
Total Hours		33

<sup>1 100-</sup>hour practicum is required in the schools (COUN 5915 Practicum in School Counseling). Three hundred of the 600 hours of internship must be in a concentrated environment. Full-time experience consisting of at least a four-hour block of time each day is required. Students may not do their internship in their primary employment (agency or school setting). For school counseling, three hundred (300) hours of internship are needed at the middle and secondary level for a K-12 program. COUN 5150 Family Counseling/Therapy, COUN 6140 Counseling/Therapy with Children, Adolescents, and their Parents and COUN 7100 Advanced Theories and Techniques in Psychotherapy are necessary for students to work with school-related family issues, individual counseling and children's counseling in practicum and internship.

### 2 Counseling, MA

The Professional School Counselor Praxis exam (5421) is required for the Colorado Department of Education license for school counselors.

Total: 33 Hours